## <u>The can you be seen Quiz</u>



- 1. What helps you to be seen in daylight?
- 2. What material helps you to be seen at night?
- 3. How much sooner can a driver see you at night if you are wearing or carrying?
- 4. When do fluorescent colours show up best?
- 5. What do you need for reflective material to show up?
- 6. Why is 'high vis' clothing fluorescent and reflective?
- 7. Which colour is the most difficult for the human eye to see? Yellow/Pink/Green/Blue
- 8. Which colour is most popular with horse riders in the countryside?

## **Answers**



- 1. Fluorescent
- 2. Reflective
- 3. Three seconds which could make all the difference
- 4. In poor daylight such as mist or light rain <u>but</u> not when it is dark
- 5. Light such as car headlights
- 6. So you can be seen at any time of day and night
- **7.** *Blue*
- 8. Pink as it contrasts with colours in nature, yellow is also popular.