



TALKING DADS

**Dads, Step-Dads,
Stay at home Dads,
Working Dads...**



Wednesdays 7.45-9.15pm 15th Sept-20th Oct, Course ID 455

Tuesdays 7.45-9.15pm 2nd Nov-7th Dec, Course ID 456

Dads play an important role in a child's life. This FREE ONLINE COURSE will help you be the Dad you want to be!

Over 6 weekly sessions, fathers and male carers of children aged 0-19 will be supported to:

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.

**ONLINE PARENTING
COURSES DELIVERED TO
YOUR HOME VIA ZOOM**



Full details on how to access and use Zoom will be offered.

**OPEN TO PARENTS AND
CARERS ACROSS
HERTFORDSHIRE**

Pre-booking essential

Please quote the course ID

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



These courses are provided free to parents by Hertfordshire County Council