

To book visit: <https://nessieined.com/events/>

# UPCOMING ONLINE WORKSHOPS

Workshops	Dates	Times
Supporting Siblings of Children with Additional Needs	Monday 11 <sup>th</sup> January	1:00pm - 2:30pm
Teenage Years – Supporting Children with Additional Needs	Monday 18 <sup>th</sup> January	7:00pm - 8:30pm
Beginning of the Journey – Understanding the SEN World	Monday 25 <sup>th</sup> January	10:00am -11:30am
0-8 Years – Supporting Children with Additional Needs	Monday 1 <sup>st</sup> February	1:00pm -2:30pm
Supporting Your Child with Anxiety and Change	Monday 8 <sup>th</sup> February	1:00pm -2:30pm
Managing Meltdowns	Monday 22 <sup>nd</sup> February	7:00pm -8:30pm
Girls and Women – Supporting Children with Additional Needs	Monday 1 <sup>st</sup> March	10:00am -11:30am
Supporting Your Child with Anxiety and Change 2	Monday 8 <sup>th</sup> March	1:00pm -2:30pm
Positively Supporting a child who Self-Harms	Monday 15 <sup>th</sup> March	1:00pm -2:30pm

Funded by Hertfordshire County Council and open to residents of Hertfordshire.



**NESSie**

Supporting Positive Mental Health in Schools



**Angels**  
Registered Charity 117039

**AUTISM & ADHD SUPPORT**  
for parents/carers of children with  
ADHD and/or on the Autistic Spectrum