

Dear Mums, Dads and Carers,

I hope you are keeping safe and well in these unusual times.

Please see information of how the School Nurse team has adapted their ways of supporting young people during this time and what services they are currently offering below:

We are continuing one to one tier 1 work with children and young people to support their emotional health & well-being via video calls. Parents and professionals can refer

via <https://www.hct.nhs.uk/our-services/school-nursing/>

Our duty School Nurse line is also available Monday to Friday 9am-5pm on 03001237572 and parents and professionals can contact us on this number.

*We have an Instagram account for parents and families **hct_schoolnursing** which provides up to date health information/resources, please can you signpost parents to follow this account. We also have a twitter account **HCT_SchoolNurse***

Children and parents can also access up to date information on www.healthforkids.co.uk this website has a section for children and parents. There is some good information about talking about coronavirus with children and how to support them.

If you feel that the School Nursing service could be of support to your family at this time, please do contact them.

Take care and best wishes,

Emma Woollon